



Ant Number

Walk 1: From Sunhaven cross country via the ford to Watergate Bay and back via the Coastal Path and Mawgan Porth
4 miles Walk - Duration 2 hours.

This route takes you across farmland to Watergate bay & back along the coastal path. You can take out either half of this walk by use of the 556 bus which passes our gates (going inland) and will drop you at Watergate bay for the coastal walk back.

As you would expect, most walks in this area are quite hilly but an easy pace and plenty of breathers to enjoy the spectacular views will make it fun for everyone. Leave Sunhaven under the main arch and turn right. Walk along the road for 200 metres and turn left down the track just past the Barn at Gluvian Farm. Following the sign to the ford at the bottom of the track..



Path down to the Ford

Once over the bridge continue along the track (uphill and getting steeper by the pace) and bear right to go around the house "Tolcarn Merock" -. Carry on until you reach the road junction at the top of the hill, catch your breath and cross the road to the footpath and over the two fields – or walk around the edge if there are crops growing. You will be walking alongside the "Cornish Hedges" (dry stone walling with turf on top) and should just be able to see the sea to the right.

In the corner of the second field, join the road and turn right towards Tregurrian. On the sharp left bend, you can walk down the rather busy main road into Watergate Bay or can take the road to the right which is a quieter route through Watergate Touring Park. Taking the quiet road, follow it right through to the T junction just short of the clifftop fields, where you will join the coast road, turn left down into Watergate Bay. In high season there is a procession of traffic on this short stretch.

(As you drop to Watergate Bay keep an eye open on the opposite side of the road for the 'finger sign' pointing towards the Coastal path.)

If you drop right down into Watergate Bay, turn left where you can catch a 556 bus back up the hill towards Sunhaven via St Mawgan - or stop at the Phoenix for a drink after the first hours walking. In good weather there is a "Beach Bar" (that isn't nearly as bad as it sounds !) with ringside seats to watch the kite-surfers OR for those with large wallets, breakfast (until 9.45am) or lunch at the Jamie Oliver sponsored "Fifteen" restaurant - & if that's not enough choice you can always try the terrace overlooking the beach in the Watergate Bay Hotel for a coffee.



Looking back towards Trevelgue Head and Newquay

sand that is Watergate Bay. You'll see surfers far below. When you get to Griffens Point look out for the Iron Age fort and its ramparts and ditches. Once around Griffens Point, descend the steps to a footbridge crossing a small stream before climbing up again towards Beacon Cove.

Continuing your walk take care around the horseshoe shaped Beacon Cove, remaining at high level (and work out how anyone gets down to the beach there) where the path runs quite near the cliff edge.



The return part of the walk from Watergate Bay back to Mawgan Porth follows the South West Coastal path and if you have young children with you keep them close, as the path winds very near to the cliff edge in places - but it does give some dramatic views.

Leave Watergate bay on the coast road going North, which is up the hill alongside the main hotel. On the left you will see a small 'finger sign' directing you to the Coastal path which is accessed by a steep path at the back of the the buildings - .

You will walk up and around Strasse cliff and Stem Point above Stem Cove, & rounding the Point look back to the wide expanse of

sand that is Watergate Bay. You'll see surfers far below. When you get to Griffens Point look out for the Iron Age fort and its ramparts and ditches. Once around Griffens Point, descend the steps to a footbridge crossing a small stream before climbing up again towards Beacon Cove.

Finally you'll see Mawgan Porth below you as you round Beryll's Point. There you can seek refreshment at the Merrymoor before walking to Sunhaven on the footpath back up the valley as an alternative to the road. Go up Chapel Lane past the pitch and putt, and before the sharp bend, turn left into the entrance of "Mawgan Porth Holiday Park" & immediately right, alongside the chalet bungalows into the woodland valley path which meanders towards Sunhaven until you turn right over a small bridge and over the trout stream arriving at the East entrance of Sunhaven camp site.